

The Cultural Heart of Mexico







PUEBLA

VERACRUZ

Tuxtepec

Huajuapam
de León

Ixtlán

Oaxaca

Mitla

Matias
Romero

Juchitán

Tehuantepec

Salina Cruz

Pto. Escondido

Huatulco

Puerto Angel

GRO.

CHIAPAS

Oaxaca Highlights

- Elevation 5,100 feet (1550 meters)
- Oaxaca State Population: 3+ million
- Oaxaca City Population: 250,000
- UNESCO World Heritage site
- Home to 16 indigenous groups
- Large expat community

Why people choose Oaxaca City

- ⦿ Comfortable year-round weather
 - 80s during the day, 50s at night (29°C/13°C)
- ⦿ Rich culture of handicrafts, arts, and festivals
- ⦿ Gastronomic capital of Mexico
- ⦿ Low cost of living

Why people choose the Oaxaca Coast

- ⦿ Pristine Pacific coastline
- ⦿ Dramatic views
- ⦿ White sand beaches
- ⦿ Luxury resorts (FONATUR)
- ⦿ Laid back beach towns

Disadvantages of Oaxaca

City

- Frequent political unrest with demonstrations and strikes in Oaxaca City
- Bad traffic jams due to festivals and demonstrations
- Interruptions of services and utilities

Coast

- **Hot and humid** in Spring & Summer on the coast
- More expensive than Oaxaca City

Getting to Oaxaca City (OAX)

- Drive from Texas
 - About 18 hours from US border at Laredo
- Bus from Nuevo Laredo via Mexico City
- Drive/Bus from Mexico City (5-6 hours)
- Nonstop flights from LA, Dallas, Houston
- Connecting flights from Mexico City, Cancun

Getting to Huatulco (HUX)

- ⦿ Drive from Western US (30+ hours)
- ⦿ Drive from Oaxaca City (8 hours)
- ⦿ Nonstop flights to HUX from LA, Dallas, Chicago, Minneapolis, Toronto, Calgary, Edmonton, Vancouver
- ⦿ Connecting flights from Mexico City, Queretaro, Oaxaca City

OAXACA CITY









OAXACA ARCHAEOLOGY, ART, & CULTURE

Monte Alban











**"MOLE"
ESPECIAL!**

**"MOLE"
EN
POLVO
CON
PIÑON**

**PASTA
DE
CACAHUATE**

**"MOLE"
ALMENDRADO**

**"MOLE"
OBLANO**

**"MOLE"
VERDE**

**MOLE
OAXAQUEÑO**

**"PIPIAN"
(MOLE ROJO)**





Popular Oaxaca Festivals

- ⦿ La Guelaguetza
- ⦿ Semana Santa
- ⦿ Dia de los Muertos
- ⦿ Noche de los Rabanos







OAXACA COAST: HUATULCO







OAXACA COAST: PUERTO ESCONDIDO









OAXACA